GO-GETTER GI — ADULT MALE SIZE GUIDE (U0–U7, Standard • Husky • Lanky)

Helping Kiwi athletes choose the perfect BJJ gi for their build.
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How to Choose the Right Size

Each Go-Getter Gi adult male size is built from **real New Zealand body data**, including tall, slim, and Polynesian/Māori builds.

To choose confidently:

1. **Check your height and weight.**
2. **Match to the recommended range.**
3. **If you are near the top of BOTH height & weight ranges, choose the next size up.**
4. **Select the correct fit type:**
    - **Standard (U0–U7):** Balanced, athletic frames
    - **Husky (UH):** Broader chest/hips, Polynesian/Māori or power builds
    - **Lanky (UL):** Long arms/legs, slimmer tall builds

Each size below includes:

- Age guide (Adult)
- Fit model
- Recommended height & weight range
- Pants measurements
- Jacket measurements

GO-GETTER GI — ADULT MALE PANTS SIZE GUIDE (P0–P8)

How to Choose:

1. Measure the full length of a gi pant that fits you well (waistband to ankle).

*If you do not have a gi pant to measure, measure from your natural waistline down to your ankle bone.

2. Match that measurement to the Pant Length below.
3. Confirm your waist falls within the suggested jeans size range (drawstring allows adjustment).

*Prioritise selecting the correct pant length first — waist is secondary, as the adjustable drawstring allows secure tightening within the suggested range.

Universal Sizing Disclaimer

The Go-Getter Gi **U (Universal) jacket** and **P (Pants) sizing systems** are designed to fit a wide range of body types across men, women, and older youth.

Both systems are built on proven adult proportions and refined through our **Standard, Lanky, and Husky variants** to accommodate different builds. This creates a consistent, performance-focused fit across the full gi.

As this is a **universal sizing system rather than a tailored one**, individual fit may vary depending on body shape — particularly in areas such as shoulders, sleeve length, waist-to-hip ratio, and leg length.

For best results, we recommend selecting your size based on your height, weight, and build.
As the brand evolves, more specialised sizing options will be introduced.

All measurements below are **garment measurements**.

🔵 P0

Pant Length: 95 cm (37.4")
Best for height: 160–167 cm (5'3"–5'6")
Waist (flat): 50 cm (19.7")
Fits approximately: **28–30" jeans waist**

Hip (flat): 58 cm (22.8")
Thigh (circumference): 55 cm (21.7")
Knee (circumference): 37 cm (14.6")
Calf (circumference): 39 cm (15.4")
Ankle Opening (circumference): 31 cm (12.2")

🔵 P1

Pant Length: 100 cm (39.4")
Best for height: 166–173 cm (5'5"–5'8")
Waist (flat): 53 cm (20.9")
Fits approximately: **30–32" jeans waist**

Hip: 61 cm (24.0")
Thigh: 57 cm (22.4")
Knee: 38 cm (15.0")
Calf: 40 cm (15.7")
Ankle: 32 cm (12.6")

🔵 P2

Pant Length: 105 cm (41.3")
Best for height: 172–179 cm (5'8"–5'10½")
Waist (flat): 56 cm (22.0")
Fits approximately: **32–34" jeans waist**

Hip: 64 cm (25.2")
Thigh: 60 cm (23.6")
Knee: 39 cm (15.4")
Calf: 41 cm (16.1")
Ankle: 33 cm (13.0")

🔵 P3

Pant Length: 110 cm (43.3")
Best for height: 178–185 cm (5'10"–6'1")
Waist (flat): 59 cm (23.2")
Fits approximately: **34–36" jeans waist**

Hip: 67 cm (26.4")
Thigh: 62 cm (24.4")
Knee: 40 cm (15.7")
Calf: 42 cm (16.5")
Ankle: 34 cm (13.4")

🔵 P4

Pant Length: 115 cm (45.3")
Best for height: 184–191 cm (6'0½"–6'3")
Waist (flat): 62 cm (24.4")
Fits approximately: **36–38" jeans waist**

Hip: 70 cm (27.6")
Thigh: 64 cm (25.2")
Knee: 41 cm (16.1")
Calf: 43 cm (16.9")
Ankle: 35 cm (13.8")

🔵 P5

Pant Length: 120 cm (47.2")
Best for height: 190–197 cm (6'3"–6'5½")
Waist (flat): 65 cm (25.6")
Fits approximately: **38–40" jeans waist**

Hip: 73 cm (28.7")
Thigh: 66 cm (26.0")
Knee: 42 cm (16.5")
Calf: 44 cm (17.3")
Ankle: 36 cm (14.2")

🔵 P6

Pant Length: 125 cm (49.2")
Best for height: 196–203 cm (6'5½"–6'8")
Waist (flat): 68 cm (26.8")
Fits approximately: **40–42" jeans waist**

Hip: 76 cm (29.9")
Thigh: 68 cm (26.8")
Knee: 43 cm (16.9")
Calf: 45 cm (17.7")
Ankle: 37 cm (14.6")

🔵 P7

Pant Length: 130 cm (51.2")
Best for height: 202–209 cm (6'7"–6'10")
Waist (flat): 71 cm (28.0")
Fits approximately: **42–44" jeans waist**

Hip: 79 cm (31.1")
Thigh: 70 cm (27.6")
Knee: 44 cm (17.3")
Calf: 46 cm (18.1")
Ankle: 38 cm (15.0")

🔵 P8

Pant Length: 135 cm (53.1")
Best for height: 208–215 cm (6'10"–7'1")
Waist (flat): 74 cm (29.1")
Fits approximately: **44–46" jeans waist**

Hip: 82 cm (32.3")
Thigh: 72 cm (28.3")
Knee: 45 cm (17.7")
Calf: 47 cm (18.5")
Ankle: 39 cm (15.4")

🟦 Fit Note — Adjustable Waist

All Go-Getter Gi pants feature a reinforced drawstring waistband.

Waist measurements listed are garment measurements and serve as a general guide only. The drawstring allows significant adjustment and secure tightening, meaning your jeans size does not need to match exactly.

If you fall between waist ranges, choose based on pant length first — the waistband can comfortably accommodate minor differences.

If you want something slightly shorter and more retail-friendly:

Fit Note:
Our gi pants feature an adjustable drawstring waistband. Waist ranges are a guide — focus on pant length first, as the waistband allows secure tightening for a flexible fit.

🟦 GO-GETTER GI — ADULT MALE JACKET SIZE GUIDE (U0–U7)

How to Choose

1. Select your numeric size (U0–U7) based on height.
2. Choose:
    - **Standard** = balanced athletic build
    - **Husky (H)** = same height, wider torso/arms
    - **Lanky (L)** = taller height band, longer sleeves (not wider)
3. Pair with P0–P8 pants separately.

All measurements below are **garment measurements**.

🔵 U0

U0 (Standard)

Height: **162–170 cm (5'3½"–5'7")**

- Jacket Length: 76 cm (29.9")
- Sleeve Length: 73 cm (28.7")
- Chest Width: 52 cm (20.5")
- Shoulder Width: 42 cm (16.5")
- Bicep: 33 cm (13.0")
- Forearm: 29 cm (11.4")

U0H (Husky – wider build)

Height: **162–170 cm (5'3½"–5'7")**

- Same jacket & sleeve length
- Chest Width: **56 cm (22.0")** (+4 cm)
- Shoulder Width: **45 cm (17.7")** (+3 cm)
- Bicep: **40 cm (15.7")** (+7 cm)
- Forearm: **32 cm (12.6")** (+3 cm)

U0L (Lanky – taller build)

Height: **168–175 cm (5'6"–5'9")**

- Jacket Length: **78 cm (30.7")** (+2 cm)
- Sleeve Length: **76 cm (29.9")** (+3 cm)
- Chest & arm measurements same as Standard

🔵 U1

U1 (Standard)

Height: **168–176 cm (5'6"–5'9½")**

- Jacket Length: 78 cm (30.7")
- Sleeve Length: 76 cm (29.9")
- Chest Width: 54 cm (21.3")
- Shoulder Width: 44 cm (17.3")
- Bicep: 35 cm (13.8")
- Forearm: 30 cm (11.8")

U1H (Husky – wider build)

Height: **168–176 cm (5'6"–5'9½")**

- Same jacket & sleeve length
- Chest Width: **58 cm (22.8")** (+4 cm)
- Shoulder Width: **47 cm (18.5")** (+3 cm)
- Bicep: **42 cm (16.5")** (+7 cm)
- Forearm: **33 cm (13.0")** (+3 cm)

U1L (Lanky – taller build)

Height: **172–180 cm (5'8"–5'11")**

- Sleeve Length: **80 cm (31.5")** (+4 cm)
- Jacket Length unchanged
- Chest: **53 cm (20.9")** (−1 cm)
- Other measurements same as Standard

🔵 U2

U2 (Standard)

Height: **173–181 cm (5'8"–5'11½")**

- Jacket Length: 80 cm (31.5")
- Sleeve Length: 79 cm (31.1")
- Chest Width: 56 cm (22.0")
- Shoulder Width: 46 cm (18.1")
- Bicep: 37 cm (14.6")
- Forearm: 31 cm (12.2")

U2H (Husky – wider build)

Height: **173–181 cm (5'8"–5'11½")**

- Same jacket & sleeve length
- Chest Width: **60 cm (23.6")** (+4 cm)
- Shoulder Width: **49 cm (19.3")** (+3 cm)
- Bicep: **44 cm (17.3")** (+7 cm)
- Forearm: **34 cm (13.4")** (+3 cm)

U2L (Lanky – taller build)

Height: **178–186 cm (5'10"–6'1")**

- Sleeve Length: **83 cm (32.7")** (+4 cm)
- Chest: **55 cm (21.7")** (−1 cm)
- Other measurements same as Standard

🔵 U3

U3 (Standard)

Height: **180–187 cm (5'11"–6'1½")**

- Jacket Length: 82 cm (32.3")
- Sleeve Length: 82 cm (32.3")
- Chest Width: 58 cm (22.8")
- Shoulder Width: 48 cm (18.9")
- Bicep: 39 cm (15.4")
- Forearm: 32 cm (12.6")

U3H (Husky – wider build)

Height: **180–187 cm (5'11"–6'1½")**

- Same jacket & sleeve length
- Chest Width: **62 cm (24.4")** (+4 cm)
- Shoulder Width: **51 cm (20.1")** (+3 cm)
- Bicep: **46 cm (18.1")** (+7 cm)
- Forearm: **35 cm (13.8")** (+3 cm)

U3L (Lanky – taller build)

Height: **183–192 cm (6'0"–6'3½")**

- Sleeve Length: **85 cm (33.5")** (+3 cm)
- Chest: **57 cm (22.4")** (−1 cm)
- Other measurements same as Standard

🔵 U4

U4 (Standard)

Height: **186–193 cm (6'1½"–6'4")**

- Jacket Length: 84 cm (33.1")
- Sleeve Length: 85 cm (33.5")
- Chest Width: 60 cm (23.6")
- Shoulder Width: 50 cm (19.7")
- Bicep: 40 cm (15.7")
- Forearm: 33 cm (13.0")

U4H (Husky – wider build)

Height: **186–193 cm (6'1½"–6'4")**

- Same jacket & sleeve length
- Chest Width: **64 cm (25.2")** (+4 cm)
- Shoulder Width: **53 cm (20.9")** (+3 cm)
- Bicep: **43 cm (16.9")** (+3 cm)
- Forearm: **35 cm (13.8")** (+2 cm)

U4L (Lanky – taller build)

Height: **190–198 cm (6'3"–6'6")**

- Sleeve Length: **88 cm (34.6")** (+3 cm)
- Chest: **59 cm (23.2")** (−1 cm)
- Other measurements same as Standard

🔵 U5

U5 (Standard)

Height: **191–198 cm (6'3½"–6'6")**

- Jacket Length: 86 cm (33.9")
- Sleeve Length: 88 cm (34.6")
- Chest Width: 62 cm (24.4")
- Shoulder Width: 52 cm (20.5")
- Bicep: 41 cm (16.1")
- Forearm: 33 cm (13.0")

U5H (Husky – wider build)

Height: **191–198 cm (6'3½"–6'6")**

- Same jacket & sleeve length
- Chest Width: **66 cm (26.0")** (+4 cm)
- Shoulder Width: **55 cm (21.7")** (+3 cm)
- Bicep: **45 cm (17.7")** (+4 cm)
- Forearm: **37 cm (14.6")** (+4 cm)

U5L (Lanky – taller build)

Height: **195–203 cm (6'5"–6'8")**

- Sleeve Length: **91 cm (35.8")** (+3 cm)
- Chest: **61 cm (24.0")** (−1 cm)
- Other measurements same as Standard

🔵 U6

U6 (Standard)

Height: **196–203 cm (6'5½"–6'8")**

- Jacket Length: 88 cm (34.6")
- Sleeve Length: 92 cm (36.2")
- Chest Width: 64 cm (25.2")
- Shoulder Width: 53 cm (20.9")
- Bicep: 43 cm (16.9")
- Forearm: 34 cm (13.4")

🔵 U7

U7 (Standard)

Height: **201–208 cm (6'7"–6'10")**

- Jacket Length: 90 cm (35.4")
- Sleeve Length: 95 cm (37.4")
- Chest Width: 66 cm (26.0")
- Shoulder Width: 55 cm (21.7")
- Bicep: 44 cm (17.3")
- Forearm: 35 cm (13.8")

U7L (Lanky – taller build)

Height: **205–213 cm (6'9"–7'0"+)**

- Sleeve Length: **98 cm (38.6")** (+3 cm)
- Chest: **65 cm (25.6")** (−1 cm)
- Other measurements same as Standard